

HLTH107-GA- Health and Safety Orientation Training - Handout

Welcome to HLTH107-GA

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For Georgia residents: This course provides basic information and recommended practices for the following core health and safety content areas from the Child Care and Development Block Grant (CCDBG)

- Indoor/Outdoor Safety
- Handling and Storage of Hazardous Materials
- Transportation and Field Trip Safety
- SIDS and SUID Prevention
- Shaken Baby Syndrome
- Preventing and Managing Infectious Disease
- Food Allergies
- Medication Administration
- Emergency and Disaster Preparedness

Course Objectives:

By taking notes on the handout and successfully answering assessment questions, participants will meet the following objectives as a result of taking this course:

- Define key terms and identify recommended practices for reducing risks in the indoor environment
- Demonstrate an understanding of potential hazards in the indoor environment
- Identify recommended strategies and practices for promoting toy safety
- Identify recommended practices for promoting safe, appropriate behaviors through positive child-teacher interaction
- Identify important safety factors specific to the infant-toddler environment, including choking hazards and equipment safety
- Identify basic practices for reducing the risk of Sudden Unexpected Infant Death (SUID) and Sudden Infant Death Syndrome (SIDS)
- Identify best practices for storing and reducing the risk of poisoning or other exposure to hazardous chemicals
- Identify causes, symptoms, effects, and strategies for preventing Shaken Baby Syndrome
- Identify key terms and recommended best practices for reducing risks in the outdoor play environment
- Demonstrate an understanding of recommended practices for supervising and interacting with children in the outdoor environment
- Identify and demonstrate an understanding of safe transportation practices in the early care environment, including entering, riding in, and exiting vehicles and proper use of child restraint systems
- Identify recommended practices for planning and managing field trips with young children
- Define and/or identify key terms and facts related to infectious disease
- Identify rationale and recommended policies regarding childhood and staff vaccinations
- Demonstrate understanding of recommended hand-washing procedures and the importance of hand-washing as a means to control or prevent the spread of infectious disease
- Identify purpose and basic procedures of the Daily Health Check
- Identify recommended practices for managing illness in the early care environment, including policies for excluding children from group care
- Define the eight major food allergens
- Demonstrate understanding of best practices for preventing food-allergy reactions
- Identify differences between cleaning, sanitizing, and disinfecting and relevant practices related to each
- Define various types of medications
- Identify basic policies and procedures for administering medication in the early care environment
- Identify recommended practices for safe handling, storage, dispensation, and disposal of medications
- Demonstrate understanding of the Seven Rights of Medication Administration
- Identify policies for managing errors, accidents, and adverse reactions related to medication administration
- Identify recommended policies, procedures, and practices for conducting evacuation drills in the early care environment
- Identify recommended policies and practices for mitigating and/or managing disasters in the early care environment
- Identify staff roles and responsibilities with regard to disaster preparation

Note: At five points in this course, participants are expected to reflect and write about topics related to their own learning and teaching experiences in relation to course content.

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This course is the Georgia approved Health and Safety Orientation course. If you are not a Georgia resident, please close this course and register for HLTH107 from the All Courses category.

Part 1: Safe Environments

Basic Indoor Safety

Safe Space and Room Arrangement

General Facility Safety

Doors

Stairways

Window Treatments

Kitchen and Cooking Facility

Electricity

Toy Safety

Toy Selection

Age Appropriate Toys

Toy Maintenance

Toy Storage

Art Material Safety

Selecting Art Materials

Supervision and Interaction

Infant-Toddler Safety

Cribs

Playpens

High chairs

Walkers

Diaper Changing Tables

Sudden Unexplained Infant Death (SUID) and Sudden Infant Death Syndrome (SIDS)

Choking Hazards

Poisons

Inhalation

Absorption

Ingestion

Injection

Understanding and Preventing Shaken Baby Syndrome

Causes of Shaken Baby Syndrome

The Symptoms of Shaken Baby Syndrome

Long-Term Effects of Shaken Baby Syndrome

Preventing Shaken Baby Syndrome in the Child Care Setting

Outdoor Safety

Surfaces

Playground Maintenance

General Maintenance Checklist

Surfacing

- The equipment has adequate surface under and around equipment (see state requirements)
- Loose-fill protective covering is free from foreign objects and debris
- Loose-fill protective covering is not compacted (should not be hard or non-absorbent)

General Hazards

- No sharp points and edges on equipment
- All protective caps and plugs are in place
- No dangerous protrusions and projections
- No entrapment or strangulation hazards
- No trip hazards or pinch, crush or shearing points

Wear-and-Tear

- No dangerous rust, cracks, or splinters
- No broken or missing components
- Equipment is properly anchored

Hardware

- Fasteners (bolts, screws, etc.) are not loose or worn
- Bearings on spinning, rotating, or other moving parts are in good working condition

Drainage

- Playground has proper drainage. No standing water under swings or in high-traffic areas.

General Upkeep

- The playground is free of litter and debris
- There are no missing trash receptacles
- Trash receptacles are emptied on a regular basis

Barriers and Gates

- No holes or damaged sections in the fence
- Latches and hinges on gates are in good working order

Outdoor Supervision

Water Safety

Additional Tips for Promoting Safe, Appropriate Outdoor Behaviors

Transitioning to the Outdoors

Setting Limits

Dealing with Distractions

Engaging Children in Outdoor Play

Transportation and Field Trip Safety

Center Transportation Policy

Staff Roles in Transportation

Transportation Supervisor

Drivers

Support Staff and Chaperones

Passenger Restraints and Safety

Child Passenger Safety

Understanding How to Use Child Safety Restraint Systems

First Aid and Emergency Preparation

Cell Phones and GPS Devices

Supervision Ratios

Entering the Vehicle

Riding in the Vehicle

Exiting the Vehicle

Field Trip Safety

Site Evaluation

Parental Permission

Communication with Child Care Facility

Additional Field Trip Safety Considerations

Child-Staff Ratios

Identification

Snacks and Water

First-Aid Kit

Safety at the Field Trip Site

Part 2: Practices and Policies for Basic Health and Hygiene

Infections 101

Types of Pathogens

Bacteria

Viruses

Parasites

Fungus

How Infections Spread

Contact

Droplet

Airborne

Immunization

Vaccines

Vaccine Risks and Rumors

Unimmunized Children

Vaccines and Autism?

Immunization of Caregivers/Teachers

Basic Health and Hygiene Policy

Handwashing

How to Wash Your Hands Effectively

Should You Use Antibacterial Soap?

Hand Sanitizers

When Should Staff Wash Their Hands?

When Should Children Wash Their Hands?

Daily Health Check

Managing Illness

A Clean, Healthy Environment

Program Policy

Cleaning vs. Sanitizing vs. Disinfecting

Cleaning

Sanitizing

Disinfecting

Routine Schedule for Cleaning, Sanitizing, and Disinfecting

Cleaning and Sanitizing Toys

Teaching Good Personal Hygiene and Healthy Habits

Food Allergy Awareness and Response

Eight Major Food Allergens

Food Allergen Sensitivity

Recommended Practices for Avoiding Accidental Exposure to Food Allergens

Food Labeling

Non-Typical Contact With Allergens at the Center

Maintaining an Allergen Safe Child Care Environment

Allergens and Special School Events

The Signs and Symptoms of an Allergic Reaction

Signs and Symptoms of Anaphylaxis

Treatment of Allergic Reactions

Medication Administration

Why Are Medications Used?

Basic Categories of Medication

Forms of Medication

Why Administer Medication in the Child Care Environment?

Best Practices and Procedures for Medication Administration

Receipt of Medication

Authorization to Give Medication

Order from Health Care Professional

Safe Handling and Storage

The Seven "Rights" of Medication Administration

Administering the Medicine

Identifying Side Effects

Allergic Reactions

Avoiding Errors and Coping with Challenges

Part 3: Emergency Preparedness

Basic Emergency Procedures for Unresponsive Children

Basic Disaster Preparation: Food, First Aid, and Written Plans

Supply of Food and Water for Disasters

First Aid and Emergency Supplies

Disaster Planning, Training, and Communication

Written Emergency/Disaster Plan

Communicating with Parents/Guardians

Emergency and Evacuation Drills/Exercises Policy

Basic Fire Drill Procedures

Everyday Safety

Parent Volunteers and Substitute Teachers

Infants and Other Non-Ambulatory Children

Disaster Mitigation

Prevent Cooking Fires!

Staff Responsibilities

Helping Children Cope

Promote Resilience in Children

Infection Control

First Aid

Shelter-in-Place

Evacuations

Relocations

Talking to Children about Disasters

Preparing for Specific Types of Natural Disasters

Attacks or Acts of Violence

Community Violence

Family Violence

Terrorism